



OCCUPATIONAL HEALTH NURSE SKILLS EVALUATION - SELF ASSESSMENT

Level Of Proficiency

Date _____

Name _____

Signature _____

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

Please select the column that most accurately describes your proficiency level...

Clinical and Primary Care	A	B	C	D	Clinical and Primary Care (cont)	A	B	C	D
Acquires general, occupational and environmental histories					Facilitates rehabilitation, job accommodation or alternate work for occupational and non-occupational disabilities				
Assesses and identifies occupational and non-occupational injuries and illnesses					Evaluates and monitors the plan of care to ensure its quality, efficiency, timeliness and effectiveness				
Implements direct care and treatment					Uses primary, secondary and tertiary prevention strategies in planning to optimize each client's health status				
Maintains current knowledge of treatment modalities					Documents the plan and current status of the client in the health record				
Provides consultation when appropriate					Obtains written client permission to release health information for each specific health condition				
Functions within the scope of state nursing practice regulations					Work Place and Environmental Issues				
Assesses the client's knowledge re: work related hazard					Conducts health screening and surveillance activities				
Advises client re" risk reduction and measures available to protect					Identifies exposure monitoring techniques				
Uses a record keeping system that documents health information in the record					Reviews exposure monitoring data, determines and documents appropriate action				
Uses privacy policies and procedures to maintain confidentiality					Review of Material Safety Data Sheets				
Collaborates with other occupational and environment health professionals in the development of guidelines and protocols					Participates in providing worker and management training to reduce hazards and foster compliance				
Establishes criteria and uses case findings/screening to identify clients who are appropriate candidates for case management					Develops collaborative recommendations for prevention and control of occupational injuries and illnesses based on hazard identification and trend analysis				
Identifies cases for early intervention					Performs risk assessment				
Identifies gaps in existing in the service continuum					Conducts trend analysis				
Maintains awareness of cultural, economic and social issues that may impact health					Develops and evaluates strategies of hazard abatement				
Assesses workplace, community, professional and vendor resources					Health Promotion and Disease Prevention				
Assesses essential functions of job to facilitate hiring, proper placement, fitness for duty, reasonable accommodation and return to work					Performs needs assessment, and review of the needs assessment results for program planning				
Reassesses the health status of the worker periodically					Plans, implements and evaluates health promotion and disease prevention programs				
Assess benefit plans and their relationship to client needs that may impact recovery					Develops health promotion and disease prevention programs and services				
Provides appropriate education for the worker, family, community and other resource providers									
Implements effective return to work and modified duty programs									



OCCUPATIONAL HEALTH NURSE SKILLS EVALUATION - SELF ASSESSMENT

Clinical Skill	A	B	C	D	Clinical Skill (cont)	A	B	C	D
Acute MI					Chemical exposure				
Angina					Nose bleed				
Aspiration					Crisis intervention				
Pneumonia									
Skull Fracture									
Closed Head Injury									
Overdose									
Asthma									
Seizures									
Spinal Cord Injuries									
Open Fractures									
Closed Fractures									
First degree burn									
Second degree burn									
Third degree burn									
Electrocution									
Hazardous material exposure									
Traumatic amputation									
Poison ingestion									
Penetrating eye injury									

CERTIFICATION:

BCLS: Yes _____ No _____ Expiration Date: _____

ACLS: Yes _____ No _____ Expiration Date: _____

CCRN: Yes _____ No _____ Expiration Date: _____

PALS: Yes _____ No _____ Expiration Date: _____

Reviewed by: _____

Reference: Self-Assessment Tool for Occupational and Environmental Health Nurses, Barbara Burgel, MS, RN 2003