



## ORTHOPEDIC TECHNICIAN SKILLS EVALUATION - SELF ASSESSMENT

Date \_\_\_\_\_

Name \_\_\_\_\_

Signature \_\_\_\_\_

### Level of Proficiency

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

Please select the column that most accurately describes your proficiency level:

Orthopedic Technician	A	B	C	D		A	B	C	D
<b>Skills-Casts-Fiberglass/ Synthetic</b>					<b>Skills-Splints</b>				
Long arm in neutral position					Short leg posterior				
Long arm in flexion with ulnar deviation w/ 3 point molding					Short leg sugar tong				
Long arm pronation or supination					Thumb spica				
Short arm in neutral position					Hand muff splint				
Short arm in flexion with ulnar deviation with 3 point molding					Foot muff splint				
Short leg walking in neutral position					Gutter splint lateral and medial				
Short leg walking in equines					Short arm volar				
Short leg non weight bearing in equines					Long arm posterior with side walls				
Short leg non weight bearing in neutral position					Sugar tong double long arm				
P.T.B. with correct molding					Sugar tong short arm				
Long leg walker					Other (list):				
Cylinder cast									
Long leg non weight bearing in neutral position with correct knee flexion					<b>Braces, Immobilizers</b>				
Long leg non weight bearing with molding for widened mortise					Wrist brace				
Toe plates applied to short and long leg casts					Ace bandage				
Gauntlet with outrigger-hand					Shoulder immobilizer				
Gauntlet with outrigger and molding-hand					Slings				
Long arm navicular thumb spica					Hinged knee brace				
Long arm thumb spica					Velcro knee brace				
Cast saw					Cervical collar				
Remove casts					Soft				
Trim casts					Hard				
Wedging					Other (list):				
Remove and replace cast blades									
Window casts					<b>Traction</b>				
Univalve casts					Bucks				
Other (list):					Bryant's				



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	A	B	C	D			A	B	C	D
<b>Traction cont.</b>						<b>Miscellaneous</b>				
Overhead bed frame						Removal of sutures				
Splint Russells						Making various casts and molds				
Balanced suspension						Preparing plaster of Paris mix				
Assist MD with fracture reduction						Make alterations to casts to alleviate pressure points				
Cervical						Assisting with research projects				
Other (list):						Assist with skin grafts				
						Assist with stump revisions				
<b>Physical Therapy</b>						Assist with pin insertions				
Range of motion exercises						Assist with debridements				
Gait training						Application of Minerva/ Halo jacket				
Crutches and canes						Sterile dressing techniques				
Fitting						Removal of orthopedic devices (list):				
Instruction on patient use						Other (list):				
Other (list):										
						<b>Age Specific</b>				
						Neo-natal				
						Pediatrics				
						Adolescents				
						Adults				
						Geriatrics				

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_