



POLYSOMNOGRAPHER (EEG) TECHNOLOGIST SKILLS EVALUATION - SELF ASSESSMENT

Level of Proficiency

Date _____

Name _____

Signature _____

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

Please select the column that most accurately describes your proficiency level...

	A	B	C	D		A	B	C	D
Polysomnographer									
Application of electrodes					Hypnagogic hallucinations				
ECG					with CPAP/ BIPAP				
Respiration effort					Newborn Polysomnogram				
Temperature					with CPAP/ BIPAP titration				
Pulse oximeter					Infant Polysomnogram				
Position sensor					Restless leg movement				
Thermistor					Breathing abnormalities				
Actimeter					Headache				
Calibration					Insomnia				
Patient positioning					Sibling of SIDS				
PSG Scoring					Patient preparation				
Sleep wake scoring					Standard 10-20 hook-up				
Transient arousal scoring rules/procedures					Seizure hook-up				
Scoring of hypopnea					Full head hook-up				
					Patient pre-study calibration				
Wake study									
Baseline Sleep Polysomnography					Equipment				
Without CPAP/ BIPAP					Alice 3				
Split-night Polysomnography					Nihon Koden Analog				
(MSLT) Multiple sleep latency test					TECA 42				
Night terror study					Nicolet				
Nocturnal penile tumescence					Grass				
Sleep walking study					Sandman				
Seizure study					Digitrace				
					Other: (list)				

Reviewed by: _____