

LABOR AND DELIVERY CLINICAL SKILLS EVALUATION - SELF ASSESSMENT

Level Of Proficiency

Date _____

Name _____

Signature _____

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

Please select the column that most accurately describes your proficiency level...

SKILL	A	B	C	D	SKILL	A	B	C	D
CARE OF THE PATIENT WITH:					ANTEPARTUM (CONTINUED):				
Abruptio placenta					Delivery table set-up				
Chorioamnionitis					Perform sonogram				
Eclampsia					Biophysical profile				
Malpresentations					Assist with sonogram				
Mutiple gestation					Amniotic fluid index				
Placenta previa					LABOR ASSESSMENT:				
Preeclampsia					Fetal heart rate- doppler				
Premature labor					Fetal heart rate- fetoscope				
Asthma					Determine fetal position				
Cardiac disease					FHR patterns				
Chronic hypertension					Identify and treat early decelerations				
Collagen vascular disease					Identify and treat late decelerations				
Diabetes					Identify and treat prolonged decelerations				
HBV					Identify and treat variable decelerations				
Hemolytic anemia					Assess deep tendon reflexes				
Hemorrhage					Assess edema				
HIV positive					Norms for perinatal vital signs				
Pyelonephritis					Admission risk assessment				
RH disease					Presence of clonus				
Sickle cell disease					Contraction characteristics				
Other infectious disease					Dilation				
Known substance abuse					Effacement				
Post tubal ligation					Fetal presentation/position				
ANTEPARTUM:					Station				
Breathing and relaxation techniques					Status of membranes				
Coaching					Sterile speculum exam				
Positioning					Vaginal exam				
Catheter insertion					Fern test for rupture of membranes				

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SKILL	A	B	C	D	SKILL	A	B	C	D
LABOR ASSESSMENT (CONTINUED):					COMPLICATIONS OF PREGNANCY:				
Assist or perform amnioinfusion for meconium					Identify common arrhythmia's				
Assist or perform amnioinfusion for variable decelerations					Normal cardiac rhythms				
Prolapsed cord/ and complications					Assist with external version				
Vasa previa					Assist with fetal scalp sampling				
Collect blood/urine specimens					Assist with umbilical cord sampling				
Collect vaginal cultures					Circulate for Cesarean delivery				
External fetal monitor application					Circulate, scrub for bilateral tubal ligation				
Internal monitor					Conduct contraction stress test				
Leopold's maneuver					Conduct non stress test				
Toxicology studies					Draw umbilical cord samples				
MEDICATIONS:					Scrub for cesarean section				
Antibiotics					INTERVENTIONS:				
Antihypertensives					Cesarean section				
Heparin					Forceps vaginal delivery				
Magnesium sulfate					Patient with general anesthesia				
Narcotics					Patient with regional anesthesia				
Oxytocin					Epidural				
Assist with prostin gel					Local infiltration				
Cervidil insertion					Spinal				
Use of Cytotec					Spontaneous vaginal delivery				
Use of prostin suppositories					Vacuum extraction delivery				
Indomethacin					INFANT INTERVENTIONS POST DELIVERY:				
Insulin					Apgar scoring				
Magnesium sulfate					Newborn physical assessment				
Procardia					Intervention/risk factors for IDM, LGA,SGA,IUGR				
Ritodrine					Assist with initial breast feeding				
Terbutaline					Cardiac-respiratory monitor placement				
Eye prophylaxis					Circumcision care				
Vitamin K					Cord care				
Administration of blood/blood products					Heelstick glucose determination				
Drawing blood from central line					Phototherapy				
Drawing venous blood					Bulb suctioning				
Starting IV's					Delee suctioning				
Central line catheter dressing					Wall suctioning				
Peripheral line dressing					Promote bonding behaviors				

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SKILL	A	B	C	D	SKILL	A	B	C	D
POST PARTUM INTERVENTIONS:					PAIN MANAGEMENT AND ANESTHESIA:				
Assess bladder distention					Assess pain level and tolerance				
Breast feeding					Care of patient with epidural				
Deep vein thrombosis					IV conscious sedation				
Episiotomy					PCA				
Fluid balance					Assist with:				
Fundal height					Intervention for anesthesia toxicity				
Fundal massage					Coaching patient				
Lochia amount					Epidural block				
Maternal vital signs					Fluid challenge				
					Intrathecal narcotics				
					Intravascular injection				
					Positioning patient				
					Signs and symptoms of dural puncture				
					Spinal anesthesia				

Reviewed by: _____