

# POSTPARTUM/ NURSERY CLINICAL SKILLS EVALUATION - SELF ASSESSMENT

Date \_\_\_\_\_

Name \_\_\_\_\_

Signature \_\_\_\_\_

## Level Of Proficiency

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

*Please select the column that most accurately describes your proficiency level...*

SKILL	A	B	C	D	SKILL	A	B	C	D
<b>INTERVENTIONS/ASSESSMENT:</b>					<b>CARE OF THE PATIENT WITH:</b>				
Bladder distention					Asthma				
Breast engorgement					Cardiac disease				
DVT					Diabetes				
Episiotomy					Substance abuse				
Fluid balance					Infectious disease				
Fundal height					Multiple births				
Lochia amount					Tubal ligation				
Vital signs					Preeclampsia				
Perineal hematoma					<b>MEDICATIONS:</b>				
Hemorrhoids					Antibiotics				
Interpretation of lab results					Oxytocin infusion				
Contraceptive counseling					Rhogam administration				
Insertion of catheter (foley or straight)					Administration of blood/blood products				
Post C-section care					Drawing blood from central line				
<b>Post anesthesia care:</b>					Drawing venous blood				
Epidural					Starting IV's				
General					Care of the patient with central line				
Local					Care of the patient with peripheral line				
Spinal					Assessment of pain level and tolerance				
<b>Teach and assist with:</b>					Care of patient with epidural				
Breastfeeding / parent education					IV conscious sedation				
Latch-on procedures					PCA				
Positioning									
Use of electric breast pump									
Use of manual breast pump									
Formula preparation and feeding									
Infant care restraint									
Infant caretaking skills									

## POSTPARTUM/ NURSERY CLINICAL SKILLS EVALUATION - SELF ASSESSMENT

SKILL	A	B	C	D	SKILL	A	B	C	D
<b>NORMAL NEONATAL CARE</b>					<b>NORMAL NEONATAL CARE (CONTINUED)</b>				
Ballard scale					Bathe infant				
Circumference					Culture suspect infectious neonate				
Dubowitz scale					Incubator/Isolettes				
Length					Infant identification				
Neonatal jaundice					Monitor bladder and bowel patterns				
Reflexes					Neonate cardiopulmonary resuscitation				
Vital signs					Phototherapy				
Weight					Thermal-neutral environment to prevent stress				
Administer injections to neonate									
Assist with circumcision									
Assess post op circumcision									
Teach circumcision care to patients									

Reviewed by: \_\_\_\_\_